

Edible Sensory Recipe



Cornflour Gloop



Ingredients

3 cups of cornflour

1 ½ cups of water

Food colouring

Equipment

A large activity tray or water trough

Different spoons, forks, scoops, sieves (anything that the gloop can go through)

Glitter (optional)

Method

1. Mix the cornflour and water together. (This is the basic ratio to mix. If you want more, then add more of each so you build up the consistency you need.)
2. While adding the water, add a couple of drops of food colouring and mix well. For a more intense colour, add more food colouring.

*Please note that, although this recipe is safe for children to taste and explore with their mouths, it is not intended for them to eat in large quantities.

