



SENSORY BAGS

Sensory Bags are easy to create and are portable. They allow children to explore, imagine, create and learn while engaging many of their senses.

These sensory bags have been very popular in our younger rooms with the children showing great interest in what they can see inside and how it feels. By following these easy steps, you can create your own mess free sensory bag.

Ideas of Materials you could use:

Ziplock bag, water, oil, paint, shaving cream, ear buds, cotton balls, leaves, flowers, pebbles, bark, cereal etc.

Steps:

1. Pick a few options of things you would like to place in your sensory bag.
2. Using a big zip lock bag, place your desired items into the bag.
3. Close the zip lock bag and tape it together so it doesn't fall out the top.
4. To finish it off, you could use some colourful tape to secure all edges and create a border for your new sensory bag.

Your sensory bag is now ready to be used, you can tap these to tables, windows or the floor for a fun way to explore your senses.

