

# MAKING GOLDEN PORRIDGE



## Porridge

Over this past month we have been reading sequencing story books. Our first book was the Three Little Pigs, and this week we have decided to do Goldilocks And The Three Bears. To extend the children's knowledge of the story we have provided a fun cooking experience to do

### Ingredients

- 2  $\frac{2}{3}$  cups of water
- 1 cup porridge oats
- milk
- honey or brown sugar
- sultanas or fresh fruit

### Equipment

- microwaveable bowl or a small saucepan
- wooden spoon
- 1 bowl for each child
- spoons
- knife
- chopping board to cut fruit up

### Saucepan Method

1. Put the water and porridge into the saucepan and put on the stove.
2. Heat on full power, stirring all the time, until mixture boils.
3. Lower the heat and simmer for 4 minutes until thick.
4. Spoon the porridge into the bowls.
5. Top with milk and sugar or honey.
6. Sprinkle on some sultanas or fresh fruit.

### Microwave Method

1. Mix the oats and water and put into the bowl (with no lid).
2. Microwave for 1 minute then stir well.
3. Cook again for 1 minute.
4. Spoon the porridge into the bowls.
5. Top with milk and sugar or honey.
6. Sprinkle on some sultanas or fresh fruit.

## Skills learnt

Reading sequencing books Teaches children to understand the importance of order of events and helps them deepen their comprehension skills. The ability to correctly identify beginning, middle, and end allows readers to retell the story later and makes the task of remembering important