



Let's see how long we can keep the balloon in the air



Let's have some fun and get this balloon up in the air, we can stand or we can sit we can start on the ground and slowly get up on our 2 feet.



Outdoor on a calm, windless day, or inside, have your kids use their hands to keep a balloon afloat how long can they keep it off the ground.

Skills developed:

Volleying is the physical skill of keeping an object a float and off the ground