

**WEEK 4**

	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>
<b>BREAKFAST</b>	TOAST, WEETBIX, CORNFLAKES WITH FULL CREAM MILK				
<b>MORNING SNACK</b>	A SELECTION OF FRESH SEASONAL FRUITS				
<b>LUNCH</b>	MINESTONE SOUP WITH WHOLEMEAL BREAD	LAMB MEAT BALL WITH MIX SALAD AND TORTILLA WRAP	CHICKEN & VEGETABLE CURRY WITH RICE	TUNA BAKE PASTA WITH FRESH GARDEN HERBS	ASIAN VEGETABLE STIR-FRY
<b>AFTERNOON SNACK</b>	VEGETABLE PINWHEEL	CHEESE TOAST	FRUIT TOAST WITH NUTTLEX	ASSORTED SANDWICHES	CHICKPEA DIP WITH CRAKERS AND CORN CAKE
<b>LATE SNACK</b>	A SELECTION OF SEASONAL FRUITS AND/OR CRACKERS WITH VEGEMITE AND CHEESE				